

Massages

Kiridara Herbal Joint Relief Massage

60 / 90 min \$50 / \$55

This unique massage makes use of the Herbal Compress

to relax, soothe and release tension in the joint and muscles.

Kiridara Active Relief Massage

60/ 90 min \$45 / \$50

Stretch, release and rejuvenate your muscles, joints and limbs post workout. This is the perfect massage for active sportsmen and women.

Aroma Therapy Massage 60/90 min \$45 / \$50

Enhanced with divine essential oil that produces a warming effect to relieve the healing properties into the skin.

Balinese Massage 60 / 90 min \$45 / \$50

A deep tissue massage which helps in healing, harmonizing

and rejuvenating for relaxation and rebalancing of the energy flow in the body.

Travellers Rebalancing Massage 90 min \$50

After a long trip, join us at The Spa to enjoy a heavenly massage that relaxes, soothes and invigorates the body by stimulating the blood circulation resulting in a perfect sleep.

Laos Traditional Massage 90 min \$50

Gentle deep manipulation of your sore muscles and attention to pressure points along the energy lines of your ailing body.

Thai Healing Massage 100 min \$55

Promotes flexibility of the body and improves breathing posture and balance as well as total body alignment and reduction of arthritis and relieves back tension by toning the body and strengthening the joints.

Body Balance & Alignment Massage 70 min/\$45

Using gentle stretching techniques, we enable your body to feel relaxed and generate increase flexibility as well as soothe and energize the body.

Kid's Massage (Age 6-12) 60 min/ \$35

The best way to introduce your child a massage to relieve stress. Therapists who is providing massage is gender-specific



Massage on Spots

Signature Head Massage 45 min/ \$35

This massage combines techniques of Indian head massage and Thai massage. This massage helps reduce headache.

Back , Neck Massage 30 min/ \$25

A combination of techniques are incorporated to ease and comfort muscle tension in your back, neck and shoulders.

Foot- Reflexology 60 min / \$35

Stimulate reflex zone in the feet which is systematically linked to all parts of the body

Foot Relax Massage 30 min / \$25

A great way to relax after a tiring day.

Body Treatments

Salt Body Scrub 45 min / \$34

Polish and cleanse your skin with our fine salt and olive oil delivering glow and vitality. It effectively removes the dead surface layer of skin which is a great way to prepare the body before any massage.

Coconut Body Scrub 45 min / \$34

A gentle exfoliating body scrub that helps remove dead skin cells and leaves your skin feeling soft and smooth.

Chocolate Body Scrub 45 min/ \$34

Treatment for an all over softness of your skin smoothen & stimulate the skin such an invigorating & relaxing treatment.

Coffee Body Scrub 45 min/ \$34

To get your skin soft and glowing , reveal evenly toned, smooth skin all over your body.

Tamarind Body Wrap 60 min/ \$34

Blast your skin with the Anti-Oxidant effect by using real tamarind and honey paste all over your body. You are then cocooned while a restful Head Massage is performed.

The Kiridara Original Woodfire Herbal Steam (2 hours advanced reservation) 30 min/ \$20

Luang Prabang's only herbal steam with scents of eucalyptus & lemongrassleaves is ideal to rejuvenate, detox your skin, relieve dehydration & dryness resulting in a refreshed state of mind & body.

Facial Treatments

Lymphatic Face Massage 75 min/ \$40

Stimulate the lymph system which results in an improved blood circulation and helps achieve firmer, more youthful and radiant skin.

Refreshing a Fruit Facial 60 min/ \$35

A beneficial treatment for all skin types enabling a skin purification and decongestion process.

Bath Treatments

Aromatic Champa Bath 30 minutes / \$25.-

Frangipani essential oil with Andaman crystals help draw out impurities and shoot as well as revive tense muscles.

Aromatic Milk Bath 30 minutes / \$25.-

A calming bath that reenergizes the mind and body

Thai Herbal Bath 30 minutes / \$30.-

The herbs generate a stimulus of aroma and essence to relieve tension in the body and mind by increasing muscle flexibility.

Spa Packages

Luang-Prabang Retreat 4 hours / \$145

- The Kiridara Original Wood fire Herbal Steam
- Salt Body Scrub
- Tamarind Body Wrap
- Laotian Traditional Massage
- Refreshing Fruit Facial.
- Organic Spa Salad

The Spa Indulgence 3 hours / \$115

- Salt Body Scrub
- Kiridara Herbal Joint Relief Massage
- Lymphatic Face Massage
- Fresh seasonal mixed fruit

Kiridara Magic Moment 2.5 hours \$85

- Coffee Body Scrub
- Kiridara Herbal Joint Relief Massage 90 mins

Tropical Package 2 hours / \$75

- Coconut Body Scrub
- Balinese Massage 60 minutes



Hand and Foot Spa Treatments

A full service with our natural products leave the hands & feet glowing, silky and revitalized. Concentrate on callouses, cuticles and dry skin. This service also includes a milk and honey soak, olive salt scrub, tamarind cream mask, massage and continue manicure or pedicure.

Hand Spa	\$32
Foot Spa	\$32
Hands & Foot Spa	\$60

Manicure and Pedicure Service

Begins with Aroma essential soak followed with cuticle remover, clippers, polisher, nail polish.

Manicure	\$12
Pedicure	\$12
Kid's Manicure	\$8
Kid's Pedicure	\$8

Waxing Service (1 hour notice)

Upper Lips & Chin	\$10
Arms	\$13
Under Arms	\$13
Half Legs	\$15
Full Legs	\$34

Spa Activity Lao Massage Class 1.5 hours

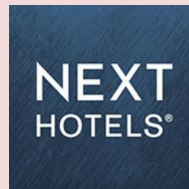
\$20 per person



Dear Guest,

Thank you for choosing to experience treatments at The Spa. Please come for your treatment with 15 minutes to spare in order to receive your refreshment and take time to relax in the idyllic surroundings before your treatment. We can provide showers, towels and robes for your comfort.

Kindly note: For your treatments will be limited and will finish at the scheduled time in order to avoid inconvenience for the next appointment



THE SPA
AT KIRIDARA

The SPA at Kiridara is a boutique spa, tucked amidst dense teak forests. Serene and blissful, the aroma of essential oils and the breezy surrounds of the teak forest truly make the small and petite Kiridara Spa a unique place that demands undivided attention.



OPENING HOUR : 09.30 AM - 08.00 PM

please contact us at

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FREE TRANSFER

